**2021 Galena Park Speed & Strength Camp**

**Incoming 7TH - 8TH Grade Football**

**THIS IS THE STRENGTH AND CONDITIONING PROGRAM, CONDUCTED BY THE COACHES OF THE GALENA PARK ATHLETICS PROGRAM. THE CAMP IS AVAILABLE TO ATHLETES GOING INTO GRADES 7TH – 8TH (2021 - 2022 SCHOOL YEAR) IN THE GALENA PARK SYSTEM (GALENA PARK MS, WOODLAND ACRES MS).**

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| **REQUIREMENTS:**1. **ALL ATHLETES MUST BE ZONED OR ENROLLED IN A GALENA PARK FEEDER PROGRAM FOR THE 2021 - 2022 SCHOOL YEAR (GRADES 7 - 8)**
2. **ALL ATHLETES MUST HAVE A CURRENT PHYSICAL AND EMERGENCY CARD ON FILE WITH THE ATHLETIC TRAINING DEPARTMENT AT GALENA PARK HIGH SCHOOL.**

**COST: $50.00 BY JUNE 10TH / $60.00 AFTER JUNE 10TH****CASH OR CREDIT CARD PAYMENT (WILL BE AVAILABLE ON REVTRACK)****LOCATION: GPHS FIELDHOUSE****CONTACT: SPIRO AMARANTOS****832-386-2857****HS WORKOUTS ARE FROM 8:00 AM TO 10:00 AM****MS WORKOUTS ARE FROM 9:30 AM TO 11:00 AM****JUNE 21ST – JUNE 24TH JULY 12TH – JULY 15TH** **JUNE 28TH – JULY 1ST JULY 19TH – JULY 23RD**  **JULY 26TH – JULY 30TH**  ***NO CAMP: JUNE 14TH – 18TH, JULY 5th – 9TH***  |

**REGISTRATION INFORMATION**

**ATHLETE’S FULL NAME:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **BIRTHDATE:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**ATHLETE’S CELL NUMBER:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **SPORT(S):** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**LAST GRADE COMPLETED:** \_\_\_\_\_\_\_\_\_  **LAST SCHOOL ATTENDED:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**2021-2022 GRADE:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **2021-2022 SCHOOL:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**PARENT/GUARDIAN NAME:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **PHONE NUMBER:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**ADDRESS:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **CITY:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **ZIP:** \_\_\_\_\_\_\_\_\_\_\_

**EMERGENCY CONTACT PERSON:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**EMERGENCY CONTACT RELATIONSHIP:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **PHONE NUMBER:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***PLEASE SEE THE REVERSE SIDE OF THIS REGISTRATION FORM FOR WAIVER***

***LIABILITY, MEDICAL, & INSURANCE WAIVER:***

**THIS IS TO CERTIFY THAT I, PARENT OR LEGAL GUARDIAN OF \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ , A PARTICIPANT IN THIS STRENGTH AND CONDITIONING PROGRAM, AGREE THAT THE PROGRAM ADMINISTRATORS/COORDINATORS AND/OR EMPLOYEES OF GALENA PARK ISD WILL NOT BE HELD RESPONSIBLE FOR INJURIES AND DEATH THAT COULD OCCUR WHILE PARTICIPATING IN THIS PROGRAM, OR BEING TRANSPORTED TO OR FROM THE PROGRAM SESSION(S). I DO, HEREBY, RELEASE AND DISCHARGE THE ABOVE MENTIONED INDIVIDUALS AND SCHOOL DISTRICT THEREOF FOR ALL CLAIMS OR DAMAGES, DEMANDS, ACTIONS, OR WHATSOEVER IN ANY MANNER ARISING OR GROWING OUT OF MY SON’S/DAUGHTER’S PARTICIPATION IN THE SPEED & STRENGTH COURSE. I GIVE THE RIGHT, HOWEVER, FOR THE SPEED & STRENGTH COURSE PERSONNEL TO ADMINISTER MEDICAL ATTENTION, UTILIZING MEDICAL FACILITIES IN THE AREA IF NECESSARY, IN CASE OF INJURY. I CARRY INSURANCE FOR THE PLAYER AFOREMENTIONED AND DO NOT HOLD THE PROGRAM RESPONSIBLE FOR INSURANCE. I AM AWARE THAT THE SPEED & STRENGTH COURSE RESERVES THE RIGHT TO DISCONTINUE AN ATHLETE’S PROGRAM AT ANY TIME FOR ANY REASON.**

**ATHLETE’S NAME:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**PARENT/GUARDIAN SIGNATURE:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**DATE:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_